ترميم الضياعات المادية في الطرف السفلي باستخدام الشرائح الناحية RECONSTRUCTION OF THE LOWER LEG BY USING REGIONAL FLAPS

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History

- Hippocrates (460–370 bc): amputation as the method of last resort
- Celsus (25 bc–50 ad): introduced the rules of wound management
- Ambroise Pare (1509–1590): rules of amputation still followed today.
- World War I: antiseptics and antibiotics
- World War II: mortality from 8% to 4.5%
- WW II amputation rate(5.3%) WW I(2%).
- Korean conflict: amputation rate from 62% to 13%
- In the late 1960s: regional flaps
- 1970s: microsurgery

Anatomy

- Bones: tibia 85% of the weightbearing fibula muscle and fascial attachments
- Compartments:
 - 1. Anterior: tibialis anterior, extensor hallucis longus, extensor digitorum longus, peroneus tertius.
 - 2. Lateral: peroneus longus, peroneus brevis.
 - 3. Superficial Posterior: gastrocnemius, soleus, plantaris, popliteus.
 - 4. Deep Posterior: flexor hallucis longus, flexor digitorum longus, tibialis posterior muscles.

Leg compartments





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GUSTILO CLASSIFICATION OF OPEN FRACTURES

Туре	Description	Dr Ramon Guttle
I	wound <1 cm	
II	wound >1 cm without extensive soft-tissue damage	
III	extensive soft-tissue damage	
IIIA	III with adequate soft-tissue coverage	
IIIB	III with soft-tissue loss with periosteal stripping and bone exposure	
IIIC	III with arterial injury	requiring repair

Gustilo classificatie





Reconstructive Plan

- the patient is stabilized
- decision to salvage the extremity
- stabilization of the bone injury
- revascularization is performed
- all nonviable tissue must be debrided



Management of Bone Gaps

- 1. Nonvascularized bone grafts
- 2. Ilizarov bone lengthening
- 3. Vascularized bone grafts
- IIIB, IIIC injuries: external fixation



Soft-Tissue Management

- Reconstructive ladder
- IIIA: STSG
- Local Flaps: proximal or middle third
- Lower third: free tissue transfer



Fasiocutaneous Flap

- The operative procedure is simple and short, the flap is safe and stable.
- Good circulation, perforators
- elevate proximally or distally based
- Length: 1×3
- One stage
- The arc of rotation is often quite extensive
- "dogs ear"



Saphenous Venous Flap

- covering defects on both the anterior and posterior surfaces of the leg, including the popliteal fossa and knee joint.
- unipedicled type-1 venous flap
- 1: 3 proportioned rectangle, the vein remaining in the middle along the length of the fasciocutaneous island.
- Dimension: 8×24 cm, Arc: 0 to 170 degrees



Sural Flap

- reconstruction around the ankle and foot.
- without sacrificing important arteries.
- the flap pedicle includes superficial and deep fascia, sural nerve, lesser saphenous vein, and sural artery.
- Dimentions: reach 15(length)×14(width) cm
- Pedicle: 4×1
- Complications(5-36%): partial or complete necrosis, infection, hematoma, delayed healing, and skingraft necrosis on the flap margins
- risk factors: diabetes mellitus, venous insufficiency, peripheral arterial disease









Lateral Supramalleolar Flap

- offering an alternative to a free flap
- Covering: lower leg, ankle, foot(heel, transmetatarsal amputation)
- donor site is quite acceptable # problem in young women.
- perforating branch of the peroneal artery
- pedicle is approximately 15 cm in length
- largest flap is about 20 × 8 cm.
- is not suitable for the weightbearing area







Lateral Supramalleolar Flap



